



WEEK THREE

11/11/19. 2/12/19. 6/1/20. 27/1/20. 24/2/20. 16/3/20.

MONDAY

Chicken korma
Or
Quorn sweet & sour
Or
Jacket Potato served with
cheese and bacon or
baked beans

Wholegrain Rice &
poppadoms
Salad selection

Syrup sponge &
custard
Or
Fruit tray
Or
Choice of yoghurts

TUESDAY

Tuna pasta bake
Or
Cheese & potato pie
Or
Jacket Potato served with
Chicken curry or cheese

Crusty bread
Salad selection

Fruit bar - what will you
choose?
Or
Choice of
yoghurts

WEDNESDAY

Roast beef served with
optional gravy
Or
Vegetarian Toad in the
hole with optional gravy
Or
Jacket potato served with
a cheese, beans or tuna

Roast potatoes
Seasonal vegetables
Salad selection

Rice Krispie Cake
Or
Fruit tray
Or
Choice of yoghurts

THURSDAY

Macaroni cheese
Or
Mild beef chilli with rice &
nachos
Or
Jacket Potato served with
tuna & sweetcorn or
baked beans

Bloomer bread
Choice of vegetables
Salad selection

Goopy Lemon pudding
served with ice cream
Or
Fruit tray
Or
Choice of
yoghurts

FRIDAY

Battered chicken chunks
Or
Pizza Whirl
Or
Jacket Potato served with
ratatouille or baked
beans

Crispy Chips
Salad Selection

Vanilla Crunch
Or
Fruit tray
Or
Choice of
Yoghurts