

WEEK TWO

4/11/19. 25/11/19. 16/12/19.(Xmas dinner wk) 20/1/20. 10/2/20. 9/3/20. 30/3/20

MONDAY

Sausage & tomato
wholegrain pasta bake

Or

Mild veggie curry with
wholegrain rice

Or

Jacket Potato served with
bacon & cheese, baked
beans or tuna

Bloomer bread
Salad Bar

Waffles with sliced
banana and syrup

Or

Yoghurt

Or

Fruit Tray/Fruit slush

TUESDAY

Chicken burger in a bun
with all the trimmings!

Or

Cheesy broccoli bake

Or

Jacket potato served with

Mild beef chilli, baked
beans or cheese

Jacket wedges
Salad selection

Fruit bar

Or

Yoghurt

Or

Cheese & crackers

WEDNESDAY

Roast Gammon served
with a Yorkshire pudding
and optional gravy

Or

Jacket potato with
cheese or baked beans

Roast Potatoes

Fresh Seasonal

Vegetables

Salad Selection

Chocolate crunch

Or

Yoghurt

Or

Fruit tray

THURSDAY

Italian style cottage pie
(bolognaise mince
topped with crispy potato
slices)

Or

Jacket potato served with
bolognaise or baked
beans

Crusty bread
Peas & sliced carrots
Salad selection

Jelly and ice cream

Or

Yoghurt

Or

Fruit tray

FRIDAY

Omega three fish fingers

or

Cheese & broccoli quiche

or

Jacket Potato served with
cheese, baked beans or
tuna

Crispy chips

Baked beans

Salad Selection

Iced sponge with custard

Or

Yoghurt

Or

Fruit tray

