



# Northfield St. Nicholas Primary Academy

St Margaret's Road, Lowestoft, Suffolk, NR32 4HN

☎: 01502 563528

✉: [office@nsnacademy.com](mailto:office@nsnacademy.com)

🌐: [www.nsnacademy.com](http://www.nsnacademy.com)

Headteacher: Mr. I. W. Owens



Deputy Headteacher: Mrs. J. Catchpole

Deputy Headteacher: Mrs. T. Freeman

**4<sup>th</sup> October 2020**

## **Advice to All Parents ( Nursery, Reception, Year 1, Year 3, Year 4, Year 5)**

Dear Parents,

We have been advised by Public Health England that there have been two confirmed cases of COVID-19 within the school in Year 2 and Year 6.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in close contact with the individuals who have tested positive for coronavirus (COVID-19) have received a letter informing them that their child must stay at home for 14 days. This includes relevant staff members who will also have to follow the same protocols that Public Health England have issued.

The school remains open and your child should continue to attend as normal if they remain well and do not show COVID19 symptoms. This includes all Nursery, Reception, Year 1, Year 3, Year 4 and Year 5 children. Staff who have not been in close contact with the children in Year 2 or 6 who have tested positive will also be in school as normal.

### **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your Support Bubble

Further information is available at:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

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*The Northfield St Nicholas way !*

**Learning Leadership Enjoyment Responsibility Inspiration Inclusion Integrity**





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The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

## Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

*Do*

- wash your hands with soap and water often . do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available

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- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

## Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

I acknowledge these are unfamiliar times, be reassured that we will do our utmost to offer help and guidance that the DfE and Public Health England provide. Thank you for patience and understanding, it is appreciated.

Yours sincerely  
Mr I W Owens  
Headteacher

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