



PSHE at NSNPA

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all. It aims to give every child the knowledge and skills needed to become healthy, independent and responsible members of society. It will enable pupils to develop the knowledge, skills and attributes they need to keep themselves and others safe, to be healthy and prepared for life and work.

By the time they leave Northfield St Nicholas Primary Academy children will have an essential understanding of how to stay healthy.

They will be taught about the concept of mental wellbeing and how to take care of themselves and receive support if mental health issues arise. They will understand the key building blocks of respectful relationships that focus on family and friends in all contexts, including on line. They will be skilled in managing their academic, personal and social lives in a positive way and know how to manage their personal safety by assessing and handling risk. They will be prepared to make the most of life and work and live in the wider world. (This will be taught in line with the RSE guidance).

PSHE

This is how we do it here...

All teachers will ensure pupils are aware of what PSHE (including RSE) looks like in our school and what PSHE encompasses.

All teachers will ensure pupils can articulate how the school keeps them safe and healthy.

All teachers will timetable and teach 2 PSHE lessons a week. One using the PSHE/RSE themes and one based on the Safeguarding theme of the week. All teachers will be given the NSN PSHE curriculum overview, progression map and vocabulary progression which details the themes/lessons that should be taught for each year group across the 3 terms.

PSHE will be taught in line with the ASUPERHERO curriculum.

- PSHE/RSE lessons to be timetabled and taught once a week. All teachers will have access to lesson plans and resources to support them with the delivery of these lessons.
- PSHE Safeguarding (Including online safeguarding) theme of the week to be timetabled and taught once a week. All teachers will be sent the safeguarding theme of the week and any resources to support planning of safeguarding lessons.
- Picture news will be taught once a week and evidenced in books.

Both PSHE/RSE and Safeguarding lessons will be clearly evidenced in books. Learning objectives in books to clearly state whether the focus of the lesson – PSHE/RSE or Safeguarding.

In line with expectations across the curriculum DAB will be used in all PSHE lessons.

- In line with expectations across the curriculum PSHE/RSE and Safeguarding lessons will be appropriately differentiated for children with SEND. Pupils with SEND will be supported within class to ensure they can access all learning through use of concrete



resources & scaffolding. Where appropriate, children with SEND will receive bespoke and targeted teaching to ensure they can access learning and make progress.

Teachers to provide lots of opportunities within PSHE lessons to recap prior learning.

Teachers to timetable 1 lesson at the end of a half term to recap 'What we have learnt in PSHE this term?' Evidence to be recorded in books.

Restorative practice will be embedded in classroom routines – check ins twice a day with once a week circle time session. Emotions triangles on tables- each child to have their own peg.

EYFS

Reception/Nursery: PSHE will be taught using the objectives from the EYFS development matters PSED strand. Evidence will be collected through tapestry observations.

Picture news will be taught once a week. Pupil voice/lessons will be evidenced in a class scrap book.

In reception the safeguarding theme of the week will be taught once a week and will be evidenced in books where applicable.