

WEEK ONE



Monday

Cheese & cucumber or ham salad wrap

Chunk of buttered bloomer bread

Salad pot

Melon wedges
Yoghurt
Milkshake

TUESDAY

Filled Roll with gammon ham, mild grated cheddar or tuna mayo

Pom Bears
Salad Pot

Fruit smoothie
Mini Gingerbread cookies

Carton of aqua juice

WEDNESDAY

Sausage baguette or roll made with local butchers sausage with ketchup sachet
Or Vegetarian Sausage

Breadsticks
Mixed salad pot

Chocolate muffin
Dried apricots
Milkshake

THURSDAY

Filled roll with gammon ham, mild grated cheddar or tuna mayo

Popcorn
Salad & fruit pot

Jelly Pot with a shortbread biscuit
Carton of aqua juice

FRIDAY

Cheese, Ham , Egg mayo sandwich or a Trio of the above.
Pretzels

Mixed Pepper and Cucumber Salad Pot

Giant cookie
Fruit smoothie
Milkshake

Daily Offering – Jacket Potatoes with a choice of fillings. Cheese, Beans or Tuna Mayo.