

WEEK 2

MONDAY

Macaroni cheese served with crusty bread

Vegetarian sausage in a hot dog roll served with optional onions

Jacket potato served with baked beans and cheese

Fresh vegetables

Salad selection

Chocolate sponge with chocolate custard

Fresh fruit portions

Yoghurt

TUESDAY

Sausage Roll or Vegetarian sausage Roll. (V)

Creamy salmon pasta in a béchamel sauce

Jacket potato served with baked beans or coleslaw

Fresh vegetables

Salad selection.

Carrot cake muffins

Fresh fruit portions

Yoghurt

WEDNESDAY

Roast gammon OR Braised quorn fillet

both served with yorkshire pudding and gravy

Jacket potato served with tuna mayo

Roast potatoes

A selection of roasted vegetables and fresh broccoli

Baked apple & toffee crumble served with custard

Fresh fruit portions

Yoghurt

THURSDAY

Mild chicken korma served with wholegrain rice and naan bread

A slice of cheese and tomato pizza served with garlic bread

Jacket potato served with slices of gammon & grated cheese

Choose from a six salad selection

Fruit jelly & a shortbread biscuit

Fresh fruit portions

Yoghurt

FRIDAY

Fish fingers served with tartar sauce and a lemon wedge

Quorn dippers

Jacket potato served with chicken korma, baked beans or cheese

Tomato & cucumber salad

Baked beans or peas

Cranberry flapjack with a yoghurt drizzle