**NSNPA PSHE (including RSE) Overview – Whole School**

|  |  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
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| **Early Years** | **Unit** | **All about me****(Hand washing,Toileting****Healthy eating)** | **Owl babies – re-visit family. Road safety/keeping safe at night)** | **Dinosaurs****(Pantosaurus)** | **Traditional tales****(Oral Health/hygiene)** | **Mini-beasts/growing****(Ourselves – growing up)**  | **Seaside and our local town****Re-visit road safety** |
| **Prior** |  |  |  |  |  |  |
| **Future** | *Yr 1 My family and me**Yr 1 Being the Healthiest Me* | *Yr 1 My family and me**Yr 2 what’s the risk* | *Yr 1 Safe me**Yr 2 My body* | *Yr 1 Being the Healthiest me* | *Yr 2 My body* | *Yr 1 Safe me**Yr 2 Jobs in our community* |
| **Year 1** | **Unit** | **My Family and Me**  | **Safe Me** | **Being the Healthiest Me**  | **Citizenship** | **Caring for the Wider World** | **Economics**  |
| **Prior** | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* |
| **Future** | *Y2 My Friends and Me* | *Y2 What’s the Risk?* | *Y2 Healthy Me*  | *Y2 Jobs in our Community* | *Y4 Collective Responsibility* | *Y2 Jobs in our Community* |
| **Year 2** | **Unit** | **How am I feeling?**  | **What’s the Risk?**  | **Healthy Me**  | **Jobs in our Community**  | **My Body**  | **My Friends and Me** |
| **Prior** | *Y1 My Family and Me* | *Y1 Safe Me*  | *Y1**Being the Healthiest Me* | *Y1 Economics* | *Y1 My Family and Me* | *Y1 Citizenship* |
| **Future** | *Y3 Pressures I may Face* | *Y3 Pressures I may Face* | *Y3 Looking After Me* | *Y3 People in our Community* | *Y4 Puberty* | *Y3 Great Friends Think Alike* |
| **Year 3** | **Unit** | **Pressures I may Face**  | **Great Friends Think Alike**  | **Looking After Me**  | **People in our Community**  | **We are Family**  | **First Aid**  |
| **Prior** | *Y2 What’s the Risk?* | *Y2 My Friends and Me* | *Y2 Healthy Me* | *Y2 Jobs in our Community* | *Y1 My Family and Me* | *Y1 Safe Me* |
| **Future** | *Y4 managing Myself and My Behaviour* | *Y4 Respecting the Individual* | *Y4 Puberty* | *Y5 Careers Week* | *Y4 Responsible Me* | *Y5 First Aid and Head Injuries* |
| **Year 4** | **Unit** | **My Feelings and Me**  | **Responsible Me**  | **Respecting the Individual**  | **Managing Myself and My Behaviour**  | **Collective Responsibility**  | **Puberty**  |
| **Prior** | *Y3 Great Friends Think Alike* | *Y3 We are Family* | *Y3 Great Friends Think Alike* | *Y3 Pressures I May Face* | *Y1 caring for the Wider World* | *Y3 Looking After Me* |
| **Future** | *Y6 My Mental Health and Me* | *Y5 Online Safety* | *Y5 Similarities, Differences and Stereotypes* | *Y6 My Mental Health and Me* | *KS3* | *Y5 Growing Up* |
| **Year 5** | **Unit** | **Online Safety**  | **Similarities, Differences and Stereotypes** | **Careers Week** | **First Aid and Head Injuries**  | **Growing Up**  | **What do I know about drugs?**  |
| **Prior** | *Y4 Responsible Me*  | *Y4 Respecting the Individual* | *Y3 People in Our Community* | *Y3 First Aid* | *Y4 Puberty* | *Y4 Managing Myself and My Behaviour* |
| **Future** | *Y6 Living in an Online World* | *Y6 Changing Relationships* | *Y6 Moving on up* | *KS3* | *Y6 Reproduction* | *Y6 Choices, choices, choices* |
| **Year 6** | **Unit** | **My Mental Health & Me**  | **Living in an Online World** | **Choices, Choices, Choices** | **Changing Relationships**  | **Reproduction.**  | **Moving on up**  |
| **Prior** | *Y4 My Feelings and Me* | *Y5 Online Safety* | *Y5 What do I know about drugs?* | *Y5 Similarities, Differences and Stereotypes* | *Y5 Growing Up* |  |
| **Future** | *KS3* | *KS3* | *KS3* | *KS3* | *KS3* | *KS3* |
| **Safeguarding** |  | Peer on peer abuse | Restorative practice/talk it out trianglesFirework safety | Safe play/Appropriate touch | Stanger danger- online offline | Gangs and being safe in the community | Sun safetyWater safety |