**NSNPA PSHE (including RSE) Overview – Whole School**

|  |  | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
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| **Early Years** | **Unit** | **All about me**  **(Hand washing,Toileting**  **Healthy eating)** | **Owl babies – re-visit family. Road safety/keeping safe at night)** | **Dinosaurs**  **(Pantosaurus)** | **Traditional tales**  **(Oral Health/hygiene)** | **Mini-beasts/growing**  **(Ourselves – growing up)** | **Seaside and our local town**  **Re-visit road safety** |
| **Prior** |  |  |  |  |  |  |
| **Future** | *Yr 1 My family and me*  *Yr 1 Being the Healthiest Me* | *Yr 1 My family and me*  *Yr 2 what’s the risk* | *Yr 1 Safe me*  *Yr 2 My body* | *Yr 1 Being the Healthiest me* | *Yr 2 My body* | *Yr 1 Safe me*  *Yr 2 Jobs in our community* |
| **Year 1** | **Unit** | **My Family and Me** | **Safe Me** | **Being the Healthiest Me** | **Citizenship** | **Caring for the Wider World** | **Economics** |
| **Prior** | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* | *EYFS continuous provision* |
| **Future** | *Y2 My Friends and Me* | *Y2 What’s the Risk?* | *Y2 Healthy Me* | *Y2 Jobs in our Community* | *Y4 Collective Responsibility* | *Y2 Jobs in our Community* |
| **Year 2** | **Unit** | **How am I feeling?** | **What’s the Risk?** | **Healthy Me** | **Jobs in our Community** | **My Body** | **My Friends and Me** |
| **Prior** | *Y1 My Family and Me* | *Y1 Safe Me* | *Y1**Being the Healthiest Me* | *Y1 Economics* | *Y1 My Family and Me* | *Y1 Citizenship* |
| **Future** | *Y3 Pressures I may Face* | *Y3 Pressures I may Face* | *Y3 Looking After Me* | *Y3 People in our Community* | *Y4 Puberty* | *Y3 Great Friends Think Alike* |
| **Year 3** | **Unit** | **Pressures I may Face** | **Great Friends Think Alike** | **Looking After Me** | **People in our Community** | **We are Family** | **First Aid** |
| **Prior** | *Y2 What’s the Risk?* | *Y2 My Friends and Me* | *Y2 Healthy Me* | *Y2 Jobs in our Community* | *Y1 My Family and Me* | *Y1 Safe Me* |
| **Future** | *Y4 managing Myself and My Behaviour* | *Y4 Respecting the Individual* | *Y4 Puberty* | *Y5 Careers Week* | *Y4 Responsible Me* | *Y5 First Aid and Head Injuries* |
| **Year 4** | **Unit** | **My Feelings and Me** | **Responsible Me** | **Respecting the Individual** | **Managing Myself and My Behaviour** | **Collective Responsibility** | **Puberty** |
| **Prior** | *Y3 Great Friends Think Alike* | *Y3 We are Family* | *Y3 Great Friends Think Alike* | *Y3 Pressures I May Face* | *Y1 caring for the Wider World* | *Y3 Looking After Me* |
| **Future** | *Y6 My Mental Health and Me* | *Y5 Online Safety* | *Y5 Similarities, Differences and Stereotypes* | *Y6 My Mental Health and Me* | *KS3* | *Y5 Growing Up* |
| **Year 5** | **Unit** | **Online Safety** | **Similarities, Differences and Stereotypes** | **Careers Week** | **First Aid and Head Injuries** | **Growing Up** | **What do I know about drugs?** |
| **Prior** | *Y4 Responsible Me* | *Y4 Respecting the Individual* | *Y3 People in Our Community* | *Y3 First Aid* | *Y4 Puberty* | *Y4 Managing Myself and My Behaviour* |
| **Future** | *Y6 Living in an Online World* | *Y6 Changing Relationships* | *Y6 Moving on up* | *KS3* | *Y6 Reproduction* | *Y6 Choices, choices, choices* |
| **Year 6** | **Unit** | **My Mental Health & Me** | **Living in an Online World** | **Choices, Choices, Choices** | **Changing Relationships** | **Reproduction.** | **Moving on up** |
| **Prior** | *Y4 My Feelings and Me* | *Y5 Online Safety* | *Y5 What do I know about drugs?* | *Y5 Similarities, Differences and Stereotypes* | *Y5 Growing Up* |  |
| **Future** | *KS3* | *KS3* | *KS3* | *KS3* | *KS3* | *KS3* |
| **Safeguarding** |  | Peer on peer abuse | Restorative practice/talk it out triangles  Firework safety | Safe play/Appropriate touch | Stanger danger- online offline | Gangs and being safe in the community | Sun safety  Water safety |