

Week One

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN CHOICE

Cheese & Tomato Pizza

Sliced Roast Chicken with Yorkshire Pudding & Gravy

Minced Beef Pie

Sausage Roast with Yorkshire Pudding & Gravy

Crispy Omega Three Fish Fingers

VEGGIE CHOICE

Vegetarian Meatballs in a Warm Roll

Sliced Quorn Roast with Yorkshire Pudding & Gravy

Macaroni Cheese with Crusty Bread

Toad in the Hole with Gravy

Ocean Friendly Fingers Fingers

lighter BITE

Trio of Sandwiches with Carrots, Peppers and Cucumber

Jacket Potato with Baked Beans

Baguette with Tuna & Sweetcorn Mayo & Salad

Jacket Potato with Baked Beans & Cheese

Baguette with Sliced Chicken & Salad

SIDES

Garlic & Herb Jacket Wedges
Salad Bar

Mini Roasties
Seasonal Vegetables
Salad Selection

Creamy Mash Potato
Seasonal Vegetables
Salad Bar

Roast Potatoes
Seasonal Vegetables
Salad Bar

Crispy Chips
Peas & Sweetcorn
Salad Bar

DESSERT

Lemon Drizzle
Sponge

Fruit Jelly with
Vanilla Biscuit

Fruit Crumble with
Ice Cream

Fresh Fruit Bar

Raspberry Ripple
Muffin