



PSHE(RSE) at NSNPA

At Northfield St Nicholas Primary academy the PSHE curriculum is accessible to all. It aims to prepare children to live in an increasingly complex world which presents both positive and exciting opportunities as well as challenges and risk. It will achieve this by helping them develop the knowledge, skills and attributes they will need to keep themselves and others safe, to be healthy and prepared for life and work; providing the children with the necessary skills to manage their lives now and in the future.

By the time they leave NSNPA children will have an essential understanding of how to stay healthy. They will be taught about the concept of mental wellbeing and how to take care of themselves and receive support if mental health issues arise. They will understand the key building blocks of respectful relationships that focus on family and friends in all contexts, including online. They will be skilled in managing their academic, personal and social lives in a positive way and know how to manage their personal safety by assessing and handling risk. They will be prepared to make the most of life and work and live in the wider world.

The curriculum has been written in consultation with parents/carers and the wider community in line with statutory requirements.

PSHE(RSE)

This is how we do it here...

All teachers will ensure pupils are aware of what PSHE (including RSE) looks like in our school and what PSHE encompasses. All teachers will use the mantra 'Healthy me, safe me' to reinforce this.

All teachers will ensure pupils can articulate how the school keeps them safe and healthy.

All teachers will timetable and teach 1 PSHE lesson a week using the PSHE/RSE themes as set out on the progression document and curriculum overview. Safeguarding themes will also be taught each half term as appropriate. All teachers will be given the NSN PSHE curriculum overview, progression map, knowledge organisers and vocabulary progression which details the themes/lessons that should be taught for each year group across the 3 terms.

PSHE will be taught in line with our agreed lesson structure.

- PSHE/RSE lessons to be timetabled and taught once a week. All teachers will have access to lesson plans and resources to support them with the delivery of these lessons.
- PSHE Safeguarding (Including online safeguarding) themes will be taught as discrete lessons as directed by the safeguarding team.
- Picture news will be taught once a week.

Both PSHE/RSE and Safeguarding lessons will be clearly evidenced in floor books.

PSHE theme of the term and safeguarding themes will be clearly displayed on classroom doors.

'Healthy me, safe me' poster will be displayed in all classrooms and referred to throughout the lesson.



In line with expectations across the curriculum DAB will be used in all PSHE lessons.

- In line with expectations across the curriculum PSHE/RSE and Safeguarding lessons will be appropriately adapted for children with SEND. Pupils with SEND will be supported within class to ensure they can access all learning through use of concrete resources & scaffolding. Where appropriate, children with SEND will receive bespoke and targeted teaching to ensure they can access learning and make progress.

Teachers to provide lots of opportunities within PSHE lessons to recap prior learning.

Teachers to timetable 1 lesson at the end of a half term to recap 'What we have learnt in PSHE this term?' Evidence to be recorded in floor books.

Restorative practice will be embedded in classroom routines – check ins three times a day with once a week circle time session.

EYFS

Reception/Nursery: PSHE will be taught using the objectives from the EYFS development matters PSED strand. Evidence will be collected through tapestry observations.

Picture news will be taught once a week. Pupil voice/lessons will be evidenced in a class scrap book.

Safeguarding lessons will also be taught as set out by the safeguarding team, evidenced on tapestry.