

PSHE Vocabulary

Vocabulary children should use: Children should be exposed to/will come up in general conversation Must be taught explicitly

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health and Wellbeing		Health/healthy	wellbeing	protected	individuality	stereotypes	mental health
		medicine	harm	permission	self-esteem	assumptions	lifestyle
		vaccination	hazards	uncomfortable	self-worth	resuscitate	Reproductive
		immunisation	risk	/comfortable	loss /grief	male	system
		hygiene	protect	routines	puberty	female	organs
		wash	screen	react	menstruation	identity	Penis
		safe/safety/safely/unsafe	feeling	pressure	influence	trans gender	Vagina
		safety	emotion	resist	peers	homosexual	Ovary
		accident	personal	emergency	desire	heterosexual	Testes
		hurt	nutrients	balanced	appropriate	bisexual	Bladder
		diet	emotional	diet	restrictions	gender neutral	Uterus
		exercise	physical	oral hygiene	anti-social	Prescription	Embryo
		paramedic	endorphins	positive	illegal	Restricted	Intercourse
		resilient	plaque	negative	/legal	/Unrestricted	Sperm
		touchstones	online	goals	identity	Addiction	Egg
		inspiration	safety	mistakes	Personal qualities	Risks	Fertilisation
		learning		Cavities	Goals	Misuse	IVF
		enjoyment		Decay	Dreams	administer	Adoption
				Vegetarian	Positive mindset	Human life cycle	Fostering
				Vegan	Approval	Puberty	Surrogacy
				Pescatarian	Influence	Menstruation	Physical health
			Aerobic	Bravery	Menstrual cycle	Calorie	
			Strength	Resilience	Periods	Nutrition	
			mindfulness	Human life cycle	Wet dreams		
			Photoshop	Period	Ejaculation		
			challenging	Privacy	Sperm		
			conflicting		Media		
			consent		Body image		
					civil partnerships		
					adoption		
					foster		

						step families sole parenting	
Relationships		body parts penis vagina bottom gender private public family belong school friends clubs love care trust money community consent	loyal honest resolve contact teasing bullying excluding hurtful harmful appropriate inappropriate comfortable uncomfortable unsafe secrets	manners polite courteous respect respectful contribute opinions celebrations wellbeing personal qualities exclusion gay lesbian	privacy confidence discrimination prejudice aggressive inappropriate empathise, stereotype, equality, human rights consequences communication compromise respect rights	social media communication content consent	romantic intimate platonic colleague acquaintance ethnicity faith marriage civil partnership equality reproduction organs conception
Living in the Wider World		needs wants local global earn economic finance reduce reuse recycle	career occupation skills interests hobbies digital devices Community Diversity Technology	diversity wider community society multicultural culture Stereotypes Respect Tolerance	collective topical politics political crisis climate	value/valuable qualifications training volunteer voluntary paid unpaid college apprenticeship university	invented manipulated suspicious interrogate gamble impact consequence pop ups inappropriate hacking reliability