

NSNPA PSHE (including RSE) Overview – Whole School

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Early Years	Unit	All about me (Hand washing, Toileting Healthy eating)	Road safety/keeping safe at night)	(Pantosaurus)	(Oral Health/hygiene)	(Ourselves – growing up)	Seaside and our local town Re-visit road safety/sun safety
	Prior						
	Future	<i>Yr 1 My family and me Yr 1 Being the Healthiest Me</i>	<i>Yr 1 My family and me Yr 2 what's the risk</i>	<i>Yr 1 Safe me Yr 2 My body</i>	<i>Yr 1 Being the Healthiest me</i>	<i>Yr 2 My body</i>	<i>Yr 1 Safe me Yr 2 Jobs in our community</i>
Year 1	Unit	My Family and Me	Safe Me	Being the Healthiest Me	Citizenship	Caring for the Wider World	Economics
	Prior	<i>EYFS continuous provision</i>	<i>EYFS continuous provision</i>	<i>EYFS continuous provision</i>	<i>EYFS continuous provision</i>	<i>EYFS continuous provision</i>	<i>EYFS continuous provision</i>
	Future	<i>Y2 My Friends and Me</i>	<i>Y2 What's the Risk?</i>	<i>Y2 Healthy Me</i>	<i>Y2 Jobs in our Community</i>	<i>Y4 Collective Responsibility</i>	<i>Y2 Jobs in our Community</i>
Year 2	Unit	How am I feeling?	What's the Risk?	Healthy Me	Jobs in our Community	My Body	My Friends and Me
	Prior	<i>Y1 My Family and Me</i>	<i>Y1 Safe Me</i>	<i>Y1 Being the Healthiest Me</i>	<i>Y1 Economics</i>	<i>Y1 My Family and Me</i>	<i>Y1 Citizenship</i>
	Future	<i>Y3 Pressures I may Face</i>	<i>Y3 Pressures I may Face</i>	<i>Y3 Looking After Me</i>	<i>Y3 People in our Community</i>	<i>Y4 Puberty</i>	<i>Y3 Great Friends Think Alike</i>
Year 3	Unit	Pressures I may Face	Great Friends Think Alike	Looking After Me	People in our Community	We are Family	First Aid
	Prior	<i>Y2 What's the Risk?</i>	<i>Y2 My Friends and Me</i>	<i>Y2 Healthy Me</i>	<i>Y2 Jobs in our Community</i>	<i>Y1 My Family and Me</i>	<i>Y1 Safe Me</i>
	Future	<i>Y4 managing Myself and My Behaviour</i>	<i>Y4 Respecting the Individual</i>	<i>Y4 Puberty</i>	<i>Y5 Careers Week</i>	<i>Y4 Responsible Me</i>	<i>Y5 First Aid and Head Injuries</i>
Year 4	Unit	My Feelings and Me	Responsible Me	Respecting the Individual	Managing Myself and My Behaviour	Collective Responsibility	Puberty
	Prior	<i>Y3 Great Friends Think Alike</i>	<i>Y3 We are Family</i>	<i>Y3 Great Friends Think Alike</i>	<i>Y3 Pressures I May Face</i>	<i>Y1 caring for the Wider World</i>	<i>Y3 Looking After Me</i>
	Future	<i>Y6 My Mental Health and Me</i>	<i>Y5 Online Safety</i>	<i>Y5 Similarities, Differences and Stereotypes</i>	<i>Y6 My Mental Health and Me</i>	<i>KS3</i>	<i>Y5 Growing Up</i>
Year 5	Unit	Online Safety	Similarities, Differences and Stereotypes	Careers Week	First Aid and Head Injuries	Growing Up	What do I know about drugs?
	Prior	<i>Y4 Responsible Me</i>	<i>Y4 Respecting the Individual</i>	<i>Y3 People in Our Community</i>	<i>Y3 First Aid</i>	<i>Y4 Puberty</i>	<i>Y4 Managing Myself and My Behaviour</i>
	Future	<i>Y6 Living in an Online World</i>	<i>Y6 Changing Relationships</i>	<i>Y6 Moving on up</i>	<i>KS3</i>	<i>Y6 Reproduction</i>	<i>Y6 Choices, choices, choices</i>
Year 6	Unit	My Mental Health & Me	Living in an Online World	Choices, Choices, Choices	Changing Relationships	Reproduction.	Moving on up
	Prior	<i>Y4 My Feelings and Me</i>	<i>Y5 Online Safety</i>	<i>Y5 What do I know about drugs?</i>	<i>Y5 Similarities, Differences and Stereotypes</i>	<i>Y5 Growing Up</i>	

	Future	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
		<i>KS3</i>	<i>KS3</i>	<i>KS3</i>	<i>KS3</i>	<i>KS3</i>	<i>KS3</i>
Safeguarding		Who are the safeguarding team? NSPCC – Appropriate touch	Firework safety Online safety including mobile phones	Child on child abuse Stranger danger on and offline	Restorative practice Gangs and being safe in the community YR5/6 Dangers of vaping	Sun and water safety Safe play/Appropriate touch Anti-Bullying	Train track Railway safety