

MAIN CHOICE

VEGGIE CHOICE

LIGHTER BITE

# SPRING / SUMMER

Week 1

# MONDAY

Pizza

Macaroni

Cheese

Jacket Potato

with

**Baked Beans** 

Jacket Wedges

**Vegetables** 

Salad

Tasty **BBQ Quorn &** Meatballs in a Sweetcorn

Tomato & **Onion Sauce** 

**TUESDAY** 

Veggie Meatballs in a Tomato &

**Onion Sauce** 

**Ham Salad** Baguette/ Soft Roll

**Savoury Rice Vegetables** Salad

Peach & Pineapple Crumble

#### WEDNESDAY

**Roast Meat** Yorkshire Pudding & Gravy

> Cauliflower & Broccoli Bake topped with **Crispy Onions**

Jacket Potato with Tuna & Sweetcorn

Skin on Roasties **Vegetables** Salad

**Melon Platter** Fresh Fruit & **Yoghurt** 

## **THURSDAY**

Chicken in a **Black Bean** Sauce

**Ouorn &** Vegetable **Oriental Stir Fry** 

**Chicken Goujon** Wrap

> Egg Noodles **Vegetables** Salad

**Eton Mess** Cake Fresh Fruit & **Yoghurt** 

### **FRIDAY**

**Omega Three Fish Fingers** with Ketchup

**Vegan Nuggets** with ketchup

Ploughman's Lunch with Ham, Cheese & Egg

**Crispy Chips** Vegetables Salad

**Chocolate Chip** Cookies Fresh Fruit & **Yoghurt** 

SIDES

**DESSERT** 

**Decorated Angel Whirl** 

with Cream